PLANROCK ALTERNATIVE GROWTH ETF SCHEDULE OF INVESTMENTS (Unaudited) December 31, 2023

Shares			Fair Value
	EXCHANGE-TRADED FUNDS — 75.7%		
	EQUITY - 75.7%		
1,536	Communication Services Select Sector SPDR Fund	\$	111,606
560	Consumer Discretionary Select Sector SPDR Fund		100,134
3,987	Financial Select Sector SPDR Fund		149,911
7,653	Invesco FTSE RAFI US 1000 ETF		269,385
467	Invesco QQQ Trust Series 1		191,246
2,767	iShares MSCI EAFE Value ETF		144,161
2,507	iShares MSCI Emerging Markets Small-Cap ETF		144,930
1,451	iShares MSCI USA Momentum Factor ETF		227,647
1,083	iShares Russell 1000 Growth ETF		328,332
2,486	Real Estate Select Sector SPDR Fund		99,589
4,603	SPDR Portfolio S&P 500 ETF		257,308
596	Technology Select Sector SPDR Fund		114,718
3,018	WisdomTree Emerging Markets SmallCap Dividend Fund		150,659
	TOTAL EXCHANGE-TRADED FUNDS (Cost \$2,268,968)		2,289,626
	TOTAL INVESTMENTS - 75.7% (Cost \$2,268,968)	\$	2,289,626
	PUT OPTIONS WRITTEN - (0.2)% (Proceeds - \$13,388)		(7,425)
	OTHER ASSETS IN EXCESS OF LIABILITIES- 24.5%		742,284
	NET ASSETS - 100.0%	\$	3,024,485
Contracts ^(a)			
	FUTURE OPTIONS WRITTEN - (0.2)% Counterparty Expiration Date Exercise Price Notional Value	<u>. </u>	
_	PUT OPTIONS WRITTEN - (0.2)%		
6	S&P E-mini 3rd Week Future RJO 01/19/2024 \$ 4,760 \$ 1,446,000	\$	7,425
	TOTAL FUTURE OPTIONS WRITTEN (Proceeds - \$13,388)		

OPEN FUTURES CONTRACTS

Number of				Value a	and Unrealized	
Contracts	Open Long Futures Contracts	Expiration	Not	ional Amount ⁽ⁱ) Appreciat	ion (Depreciation)
33	CBOE Volatility Index Future	01/17/202	4 \$	463,690	\$	(39,787)
9	CBOE Volatility Index Future	06/18/202	4	159,626		(5,230)
9	CBOE Volatility Index Future	07/17/202	4	162,900		(4,973)
5	CME Australian Dollar Currency Future	03/18/202	4	341,525		(1,000)

PLANROCK ALTERNATIVE GROWTH ETF SCHEDULE OF INVESTMENTS (Unaudited) (Continued) December 31, 2023

OPEN FUTURES CONTRACTS (Continued)

Number of				Value a	nd Unrealized
Contracts	Open Long Futures Contracts	Expiration	Notional Amoun	t ^(b) Appreciati	on (Depreciation)
5	CME British Pound Currency Future	03/18/2024	\$ 398,469	\$	2,119
8	CME Canadian Dollar Currency Future	03/19/2024	604,999		(1,841)
3	CME Euro Foreign Exchange Currency Future	03/18/2024	415,313		738
21	Micro E-mini Dow Jones Industrial Average Index Future	03/15/2024	399,126		3,632
7	Micro E-mini Nasdaq 100 Future	03/15/2024	238,329		1,740
16	Micro E-mini Russell 2000 Future	03/15/2024	163,816		1,393
15	Micro E-mini S&P 500 Future	03/15/2024	361,500		2,711
	TOTAL LONG FUTURES CONTRACTS			\$	(40,498)

OPEN FUTURES CONTRACTS

Number of			Value and Unrealized		
Contracts	Open Short Futures Contracts	Expiration	Notional Amount	b) Appreciatio	n (Depreciation)
13	CBOE Volatility Index Future	02/14/2024	\$ 198,840	\$	14,662
16	CBOE Volatility Index Future	04/17/2024	271,218		12,009
11	CBOE Volatility Index Future	08/21/2024	201,025		5,325
2	CBOT US Treasury Bond Future	03/19/2024	249,875		(1,563)
8	Three-Month SOFR Future	03/18/2025	1,925,400		(900)
	TOTAL SHORT FUTURES CONTRACTS			\$	29,533
	TOTAL FUTURES CONTRACTS			\$	10,965

CBOE - Chicago Board Options Exchange

CBOT - Chicago Board of Trade

CME - Chicago Mercantile Exchange

 ${\sf SOFR\,-Secured\,Overnight\,Financing\,Rate}$

EAFE - Europe, Australasia and Far East

ETF - Exchange-Traded Fund

MSCI - Morgan Stanley Capital International

SPDR - Standard & Poor's Depositary Receipt

RJO - R.J. O'Brien & Associates, LLC

- (a) Each contract is equivalent to one futures contract.
- (b) The amounts shown are the underlying reference notional amounts to stock exchange indices and equities upon which the fair value of the futures contracts held by the Fund are based. Notional values do not represent the current fair value of, and are not necessarily indicative of the future cash flows of the Fund's futures contracts. Further, the underlying price changes in relation to the variables specified by the notional values affects the fair value of these derivative financial instruments. The notional values as set forth within this schedule do not purport to represent economic value at risk to the Fund.

PLANROCK MARKET NEUTRAL INCOME ETF SCHEDULE OF INVESTMENTS (Unaudited) December 31, 2023

Shares						Fa	ir Value
	EXCHANGE-TRADED FUNDS — 79.9%						
	EQUITY - 79.9%						
2,805	iShares Emerging Markets Dividend ETF					\$	74,305
1,545	Pacer US Small Cap Cash Cows 100 ETF						74,206
978	Schwab US Dividend Equity ETF						74,455
667	Vanguard High Dividend Yield ETF						74,457
1,120	Vanguard International High Dividend Yield ETF						74,469
1,829	WisdomTree Emerging Markets High Dividend Fund						74,404
2,305	WisdomTree US SmallCap Dividend Fund						74,152
3,015	Xtrackers MSCI EAFE High Dividend Yield Equity ETF						74,410
	TOTAL EXCHANGE-TRADED FUNDS (Cost \$581,896)						594,858
	TOTAL INVESTMENTS - 79.9% (Cost \$581,896)					\$	594,858
	PUT OPTIONS WRITTEN - (0.2)% (Proceeds - \$3,325)						(1,238)
	OTHER ASSETS IN EXCESS OF LIABILITIES- 20.3%						151,040
	NET ASSETS - 100.0%					\$	744,660
Contracts ^(a)							
	FUTURE OPTIONS WRITTEN - (0.2)%	Counterparty	Expiration Date	Exercise Price	Notional Value	_	
1	PUT OPTIONS WRITTEN - (0.2)% S&P E-mini 3rd Week Future	RJO	01/19/2024	\$ 4,760	\$ 241,000	\$	1,238
	TOTAL FUTURE OPTIONS WRITTEN (Proceeds - \$3,3.	25)					

OPEN FUTURES CONTRACTS

Number of				e and Unrealized
Contracts	Open Long Futures Contracts	Expiration Notional Amount ⁽⁾	o)	Depreciation
6	CBOE Volatility Index Future	01/17/2024 \$ 84,307	\$	(5,122)
1	CBOE Volatility Index Future	06/18/2024 17,736		(817)
2	CBOE Volatility Index Future	07/17/2024 36,200		(694)
	TOTAL FUTURES CONTRACTS		\$	(6,633)

PLANROCK MARKET NEUTRAL INCOME ETF SCHEDULE OF INVESTMENTS (Unaudited) (Continued) December 31, 2023

OPEN FUTURES CONTRACTS

Number of				Value an	d Unrealized
Contracts	Open Short Futures Contracts	Expiration N	otional Amount ⁽	^{b)} Appreciatio	n (Depreciation)
2	CBOE Volatility Index Future	02/14/2024	\$ 30,591	\$	3,171
3	CBOE Volatility Index Future	04/17/2024	50,853		2,059
2	CBOE Volatility Index Future	08/21/2024	36,550		1,250
2	ICE US Mini MSCI EAFE Index Future	03/15/2024	225,240		(5,220)
2	ICE US MSCI Emerging Markets EM Index Future	03/15/2024	103,370		(3,570)
14	Micro E-mini Russell 2000 Future	03/15/2024	143,339		(3,108)
6	Micro E-mini S&P 500 Future	03/15/2024	144,600		(2,115)
	TOTAL SHORT FUTURES CONTRACTS			\$	(7,533)
	TOTAL FUTURES CONTRACTS			\$	(14,166)

CBOE - Chicago Board Options Exchange

EAFE - Europe, Australasia and Far East

ETF - Exchange-Traded Fund

ICE - Intercontinental Exchange

MSCI - Morgan Stanley Capital International

RJO - R.J. O'Brien & Associates, LLC

- (a) Each contract is equivalent to one futures contract.
- (b) The amounts shown are the underlying reference notional amounts to stock exchange indices and equities upon which the fair value of the futures contracts held by the Fund are based. Notional values do not represent the current fair value of, and are not necessarily indicative of the future cash flows of the Fund's futures contracts. Further, the underlying price changes in relation to the variables specified by the notional values affects the fair value of these derivative financial instruments. The notional values as set forth within this schedule do not purport to represent economic value at risk to the Fund.